



FAMILY SUPPORT CENTER

CHARTER SCHOOL FOR APPLIED TECHNOLOGIES

NEWS

COMING UP

1/8	PTO Meeting
1/20	School Closed
2/5	PTO Meeting
2/11	Board Meeting

RESOURCES

CRISIS SERVICES OF ERIE COUNTY

(716) 834-3131
www.crisisservices.org

CRISIS TEXT LINE

Text GOT5 to 741741
www.crisistextline.org

NATIONAL SUICIDE PREVENTION LIFELINE

(800) 273-8255
www.suicidepreventionlifeline.org

NIAGARA COUNTY MENTAL HEALTH SERVICES

(716) 285-3515
www.niagaracounty.com
[Departments/Mental-Health-Services/Crisis-Services](#)

TREVOR PROJECT

(provides crisis intervention and suicide prevention
services to LGBTQ young people ages 13-24)
(866) 488-7386
Text TREVOR TO 1-202-304-1200
www.thetrevorproject.org

January is National Mentoring Month

Start the new year with getting involved and giving back to your local community. Participating in a mentorship program can bring resources, action and communications to your local community.

Did you know CSAT has a mentor program? The CSAT mentor program engages high school students with the creative (supervised) experience of working with the kindergarten classes.

Being mentored can offer a variety of positive results, including, but not limited to, skill acquisition, community connections, social support and much more!

Mentor Programs

For information regarding mentorship programs for children, adults and families visit 211.org, or simply call 211

NON-PROFIT SPOTLIGHT

CRISIS SERVICES

Est. 1968

Through the establishment of the organization an innovative theory of applying the necessary tactics to combat a series of mental health crisis, improve intervention methods and promote educational processes.

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SUPPORT RESOURCES

MENTAL HEALTH ADVOCATES OF WNY

Many groups and programs are implemented to support the family in a variety of ways such as;

- **Child and family support groups** that allow parents to communicate effectively within a group setting and to their children.
- **Spanish speaking support group** to allow individuals who use Spanish as a first language better access support services.
- **Teen peer support groups** available for adolescents ages 13-18 facilitated to by peer advocates using a strength-based approach.

How Can you reach them?

eriemha.org
(716) 886-1242

PARENT NETWORK

The parent network establishes resources and support systems for individuals with disabilities and their families. These supports include, but are not limited to, 1-on-1 support, educational supports for struggling students, parent leadership and family/ caregiver supports.

How can you reach them?

parentnetworkwny.org
English: (716) 332-4175
Espanol: (716) 449-6394

Joe Cicatello

(716)871-7400

Joscicatello@csat-k12.org



Charter School for Applied Technologies
www.csat-k12.org (716) 876-7505

Crisis Services serving Erie County offers a wide variety of services and programs. These programs have successfully:

- Answered **85,379** crisis calls
- Conducted **1,968** mental health visits
- Responded to more than **1,209** Domestic/Hospital calls.

<http://www.crisisservices.org>

(716) 834-3131
(24/7 help available)

1-877-KIDS-400 (KID Help Line)
(716) 862-HELP (24 Hour Domestic Violence Hotline)
(726) 884-6000 (Immediate Shelter Information)

February is National Black History Month

Did you know black history month was first established as a week in 1926? Dr. Carter G. Woodson a Harvard graduate was born to former slaves and felt as if African American history was being ignored in academic settings. Dr. Woodson wanted to highlight the great achievements made by historic African Americans and ensure their contributions we recognized. Later, February became the choice month for African American history because of the birthdays of infamous individuals as Fredrick Douglas, Abraham Lincoln and Langston Hughes.

National Association for the Advancement of Colored People (NAACP)

Est. 1909

NAACP is the largest civil rights organization in the country, holding more than 500,000 members. The organization was first established to combat the racial violence that happened all around the country. Leading to the equal protections under the 13th, 14th and 15th amendments.

Did you know the first president of the NAACP was a white man and former president of the American Bar Association?

The NAACP organization is still thriving today and impacts many communities on National, State and local governmental levels. You can also find college branches of the NAACP organization scattered throughout the country.

Contact: Buffalo Chapter

Address: 395 E Ferry St, Buffalo, NY 14208

Phone: (716) 884-7242